



Comox United Church

Our Values: Spirituality, Openness, Care for the Common Good, Radical Love

Minister: Rev. Karen Hollis minister@comoxunitedchurch.com cell: 604 828 8797

Treasurer: treasurer@comoxunitedchurch.com

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Visit our website: it is updated weekly: www.comoxunitedchurch.com

Please note: Newsletters are also posted on the Comox United website.

Announcements should be sent to admin@comoxunitedchurch.com

or call 250 339-3966 by **8:00 am Thursday morning.**

If you no longer wish to receive this newsletter please email admin@comoxunitedchurch.com.

Friday June 9, 2023

Sunday, June 11, 2023

Greeters: Evy Gillespie, Isobel McLeish

Coffee: Ken and Sue Newman

Power Point: Barb page

Reflection: Spirituality

Scripture Reader: Sara McDonald

Exodus 3:1-5, Acts 16:25-34

To read the scripture follow the link below then

type in the scripture verse <http://bible.oremus.org>

Comox United Church worship services are available in three ways.

1) Attend worship in-person at the church on Sundays at 10:00 am.

2) Watch live on-line by going to our YouTube channel. Just click on this link at 10:00 am on Sunday morning:

<https://www.youtube.com/@comoxunitedchurch3917/streams>

3) Watch the service at another time from the "Virtual Services" page on our website:

<https://www.comoxunitedchurch.com/pages/online-sunday-services>

Life and Work of the Church

Mondays 1:30 Knitting Group

Tuesdays 10:00 Coffee and Conversation at the Comox Golf Club

Thursdays 6:30 Choir practice

Fridays 10:00 Men's Shed

2nd Fri. TBD Social Singles

Contact Sara: sara.mcdonald99@live.com or

Merrilee: tomyhome@shaw.ca

Sun. June 11 noon – Picnic at Kin Beach

Mon. June 12 UCW Potluck Lunch

Sat. June 17 9:00 Men's Breakfast please

RSVP by June 14 Scott Agur agur@shaw.ca

Summer Services

Comox United Church (CxU)

July 2 – no service at CxU we are invited to worship with St. George's United – 10:30

July 9 – no service at CxU we are invited to worship with CV Presbyterian Church – 10:30

July 16 – Shared service at CxU

July 23- no service at CxU we are invited to worship with St. Peter's Anglican – 10:30

Please note: Council has voted to close the church office from June 27 – July 11, 2023.



COME TO A PICNIC!

June 11th at Kin Beach 12:00 noon

Did you know we have a covenant relationship with The Comox Valley Unitarian Fellowship? Because we have a lot in common, there have been joint activities between the two congregations, but we haven't gotten together for a while!

The Joint Liaison Committee wants to change that. We are hosting a Picnic for all members and friends of The Comox Valley Unitarian Fellowship and Comox United Church. Our new ministers will be there to welcome everyone and there will be an ice-breaker activity before we have lunch.

We are renting space at Kin Beach, but the shelter/bbq is being used by another group. Consider carpooling to make parking easier.

What to bring: a picnic lunch, something to sit on, a folding shelter if you have one (to create some shade and guarantee we won't be rained on!) activities to share (i.e. frisbee, ball, bocce, croquet, ring toss)



The UCW would like to invite all the women of the church to the annual spring potluck luncheon on **Monday, June 12 at 12:15 p.m.**

We are supplying meat, buns and drinks. Please bring a salad or dessert. Donations (tampons (regular and super), deodorants, shampoos & conditioners, dry shampoos and razors) for Stepping Stones, which is a local recovery centre for women suffering from addictions will be gratefully accepted.

<https://www.stepsstonesrecoveryhouse.ca/>

Security at Comox United

Footprints Security has reported finding unlocked doors (especially the front doors) when they do their evening rounds.

Reminder to ALL User Groups

- Please ensure your entry door (south or main level) is locked following the arrival of your participants – regardless of the time of your meeting.
- As all user groups have their own key, please lock on exiting regardless of who else may be in the building.



Neighbourhood Cluster Groups

Signup sheets for each cluster are available in the hall

Wed. June 14 – 1:00 room M7 at Comox United
Fri. June 16 – 11:00 Betty Clements
 480 Evergreen Place.
 Signup sheets in the hall



Thank you to all who helped this past year with the Soup and Bun luncheons, either by providing delicious soup, sandwiches, buns and other treats, or by helping set and clean up. Together we had lots of lovely lunches, met new people and raised almost \$1,900 for local charities!



Comox UC Website – How To

This week's Tip:

1. To read the Accountability Report for the Mission and Service Fund, go to the church website by googling Comox United Church.
2. From the menu at the top of the page, click on News.
3. Click on Your Mission and Service Gifts.
3. Learn where the money went!

Invitation to Participate in St. Andrews

2023 marks the 150th Anniversary of the building of St Andrews Church located at 4680 North Island Highway; often referred to as the Mother Church of the north island. It is now managed by St John the Divine, Courtenay. It is their hope to preserve history for the next generations . . . and the church and cemetery need regular upkeep and attention. Contributions can be made by cheque to St John the Divine, Courtenay, marked specifically, St Andrews 150. E-transfers to givings@sjtdcourtenay.ca need to be similarly marked. Charitable receipts will be issued for contributions over \$10

All are invited to join with us on **June 17 (on-site) from 10-3** as we gather at St Andrews, Sandwick as we acknowledge our shared history. Our web and Facebook pages will soon offer details on the events.

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Photo: Mike Labrum – Unsplash

Learn Centering Prayer

....with **Bev Sparks, meditator, teacher** – Centering Prayer is a method of contemplative prayer in which we rest silently in the presence of God. It is a very simple method that is easy to learn. The first session will be on **Tuesday June 13 at 7:15 pm** followed by sessions on **June 20** and **June 27**. Space is limited, so please register at the email address below.

At the beginning of each session you will be taught how to do Centering Prayer. The instructions are simple and brief. They will be followed by two to three shorter “sits”, and a last one 20 minutes long, which is the usual duration of a Centering Prayer sit. All that is required is a willingness to try it.

Event Date: June 13, 20 & 27, 2023

Event Time: 7:15 pm

Register: cpatthehermitage@gmail.com

Event Location: 2364 Catherwood Road (off Old Island Hwy) Black Creek, BC

Please park on Catherwood roadside and walk down the long driveway to the hermitage. If you arrive at 7:00 pm you will have enough time to park, walk up the driveway (5 minutes), and settle yourself comfortably before we begin.

Broadview Launches First Podcast



[Broadview Magazine](#) has released its first podcast [And Also Some Women](#)—a series about biblical women from a feminist perspective. The podcast comprises five episodes that run approximately 30 minutes, and analyze different biblical women like Eve, Esther, and Mary Magdalene. It also features guest interviews with notable feminist theologians from across North America, including Diana Butler Bass, Amy-Jill Levine, Dorothy Lee, Sister Barbara Reid, Reuven Kimmelman, River Cook Needham, Susan Ackerman, and Amy Kalmanofsky.

Listen to the [podcast!](#)

Podcasts

- “And Also Some Women” Episode #003 — Mary, Mother of Jesus
- “And Also Some Women” Episode #002 – Bad Girls of the Bible: Jezebel, Delilah & Salome
- “And Also Some Women” Episode #001 – Mary Magdalene
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